

Enrichment at Roundwood School and Community Centre

Curriculum Enrichment & Cultural Capital

Our curriculum extends beyond the National Curriculum and includes a wide range of enriching experiences and opportunities. This includes an extensive programme that supports the core curriculum offer, whilst also extending the range of children's experiences (Cultural Capital). A primary focus of our curriculum is to raise aspirations, engender a sense of personal pride in achievement, and provide a purpose and relevance for learning.

The school takes pride in providing a highly inclusive environment, where learners demonstrate high levels of enjoyment in their education and make very good progress across the curriculum. Children at all levels are helped to achieve their potential. Those who are most able are challenged and supported through being offered tasks which provide opportunities for greater depth and those who can struggle are encouraged and given targeted support to embed skills, to develop at their own pace or simply to learn in a style that best suits their individual needs.

Promoting Positive Mental Health & Wellbeing

At Roundwood School and Community Centre, we aim to promote positive mental health and wellbeing for every member of our school community and recognise how important mental health and wellbeing is to our lives, as is physical health. We recognise that children's mental health and overall wellbeing can affect their learning and achievement.

A key aspect of our role in school is to ensure that children can manage times of change and stress, and that they are supported to reach their potential or access help when they need it. We also have a role to ensure that children learn about what they can do to maintain positive mental health, what affects their mental health, how they can help reduce the stigma surrounding mental health issues, and where they can go if they need help and support.

Positive wellbeing is promoted through the wider curriculum and all school activities. Through a carefully planned approach to PSHE and RSE our pupils are helped to acquire the knowledge and develop the skills and understanding they need to lead confident, healthy, independent lives, and to become resilient, informed, and responsible citizens.

In addition, whole school approaches such as whole school assembly and circle time sessions are used to further develop the pupils' knowledge of strategies. For example, peaceful problem solving is taught in circle time sessions to help pupils learn to control and manage feelings when there are disputes.

What do we do at Roundwood School and Community Centre to support children's emotional well-being and mental health?

Roundwood School and Community Centre is committed to creating a happy, caring, and supportive environment. As well as a learning environment, the school ensures there is a **positive, supportive, and inclusive ethos** where children can thrive and achieve their personal best. **Personal, Social and Health Education (PSHE)** is a central to the curriculum across the whole school.

- **PSHE & RSE** assists pupils to cope with the changes at puberty, introduces them to a wider world, manage transitions and enables them to make an active contribution to their communities. The concepts covered in PSHE include identity, managing feelings and emotions, relationships, change, resilience and being healthy, which includes physical, emotional, and social well-being.
- **Nurture Provision.** Children who experience domestic violence, bereavement, anxiety, and any other life experiences that may affect their emotional well-being are identified and supported by a fully trained member of staff who will offer regular 1:1 or small group nurture support. The school supports the child in their specific needs, meaning the pupil is at the heart of the school focus and their learning is understood developmentally.
- **Physical Education** at least four hours weekly.
- **Access to Community Centre After-School Clubs** support children's social and emotional development, and their well-being all with a view to increasing the range of experiences that children have, enabling them to make informed choices for adult life. Activities are designed to be fun and cater for a wide variety of interests.
- **Healthy eating** is promoted throughout the school.
- **Disadvantaged and vulnerable children** are closely monitored through a 'Championing' approach and ensuring barriers to learning are removed and enrichment opportunities are encouraged and supported.
- **Staff are trained** in supporting children's wellbeing through the National College training courses, including **accessing outside help and support** when required.

Whole School Theme Days/Weeks

Throughout the year, themed days/weeks are woven into the curriculum to extend and enhance the breadth and balance of opportunities we offer our pupils. These include, Anti-Bullying Week, Creative Arts Week, World Book Day, Black History Month, RE Days and much more.

Educational Visits

School trips and visits are an integral part of the education of children at Roundwood School and Community Centre. We value the opportunities such visits offer our pupils and the commitment of staff and adults undertaking them. Trips include class visits aimed at bringing learning alive and providing first-hand experience; extra-curricular outings such as sporting events; and attending or taking part in performances or competitions.

Visitors into School & Workshops

Visitors have a valuable role to play and can contribute to many aspects of the life and work of the school. They deliver talks, workshops, and full day activities across a wide range of subjects, giving pupils access to outside experiences and expertise. Visitors provide a link with the wider community – children can work alongside artists, musicians, authors, health professions and others. We currently work with QPR on sports skills every week and with Teach Rock on developing self-esteem through Music.

Roundwood School and Community Centre provides opportunities for children to take part in a wide range of musical activities and performances where they are encouraged to sing, compose, and work creatively with sound. Through active listening, pupils' awareness, understanding and appreciation of a wide variety of music are developed. A range of opportunities are provided within and beyond the curriculum for children to showcase their musical skills and talents.

As a school we appreciate and understand the importance of drama within our curriculum. Research reveals that drama had a positive impact on children's physical, emotional, social, and cognitive development. Drama is developed across the whole school in a variety of ways including storytelling, various performances, and assemblies.

The Voice of the Child

Active Participation is an activity that everyone can get involved in and benefit from. At Roundwood School and Community Centre we promote and encourage pupils' active citizenship and positive contribution to the school and wider community. We offer lots of opportunities for pupils to take on new responsibilities and be involved in successfully supporting the life and work of the school.

Involving children as volunteers is very empowering:

- It helps them to develop self-confidence.
- It promotes self-esteem.
- It develops their skills as leaders.
- It involves them in making their own decisions.
- It gives them a voice in the life and work of the school.
- It offers them opportunity to take responsibility

- It enables them to make a positive contribution to the work of the school and wider community.
- It helps to prepare them for the challenges and opportunities of adult and working life.

Pupils tell us that they enjoy the opportunity to help make their school an even better place to be and rising to the challenge that additional responsibility brings.

Our World

Each week, throughout school, children discuss and reflect on naturally occurring events or topical issues that are happening around the world. The aims of this we hope will broaden the children's geographical knowledge and understanding and the impact of how such events can affect others. Weekly PowerPoints to support each theme are produced and shared with teachers who adapt to ensure they are age appropriate.

Charity Support

Children at Roundwood School and Community Centre are actively involved in charity work and fundraising for various local and national charities. Often children will approach teachers with ideas to further raise money for different causes, such as Jeans for Genes Day, in particular responding to issue they have become aware of.