

Free & affordable activities for children, young people & the community!



Roundwood Community Centre NW10 3UN

DAILY, MONDAY - SATURDAY

YOUTH CLUBS . MMA . STREET DANCE MULTISPORTS . FITNESS . HOLIDAY CAMPS ARTS & DRAMA AND MORE!

FOR MORE INFORMATION AND DETAILS ON HOW TO JOIN CONTACT: HELLO@SPORTATTHEHEART.ORG TEL: 07506 866527/ 07534 269921

Mondays

Junior Youth Club 3.30-5.30pm Ages: 8-12 Cost: Free

Tuesdays

Street Dance 4.30-5.30pm Ages: 5-11 Cost: Free Street Dance (advanced) 5.30-6.30pm Ages: 8-12

G.I.R.L Group

5.30-7pm

Ages: 12-18

Cost: Free

10th Willesden Scouts 6-8pm Ages: various Cost: £

Mixed Martial Arts

5.30-7pm

Cost: £

Ages: various

Social Netball 7.30-8.30 (summer) Ages: 14+ Cost: Free/ £

Womens Fitness

6-7pm

Ages: 13+

Cost: Free

Wednesdays

Multi Sports & Mindfull Movements 4-6pm Ages: 5-11 Cost: Free

Teens Youth Club 6-8pm Ages: 13-18 Cost: Free

Teens Youth Club

Thursdays

Football & Mentoring 5.30-7pm Ages: 12+ Cost: Free (invite only)

Fridays

Junior Youth Club 3.30-5.30pm Ages: 8-12 Cost: Free

Saturdays

Lets Unite for Autism Sports & Arts Club for SEND children & their families. 12-2pm Ages: all Cost: Free

6-8pm

Ages: 13-18

Cost: Free

Mixed Martial Arts 6-8pm Ages: 12-18 Cost: Free

Sports & Arts Camps and activities in school holiday for 5-18 year old's.