# Curriculum Leaflet - Term 4 - 7B Picknell Class





PSHE- Self Confidence

In Spring Term 2, Year 7 PSHE lessons will focus on building self-confidence and self-worth.

Students will explore strategies to develop a positive self-image, understand the changes that come with puberty, and learn how to manage transitions effectively.

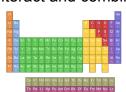
Discussions will also cover body satisfaction and self-concept, helping students navigate these topics with confidence and resilience.

This also links to other subjects including Social and Skillsbuilder.

## Science – Atoms & Particles

This term, Year 7 students will continue their study of atoms and particles. We will build on their understanding of elements and the periodic table.

They will explore identifying pure substances and mixtures, enhancing their knowledge of how different materials interact and combine



# <u>Humanities (Geography) – Amazon: River and</u> Rainforest

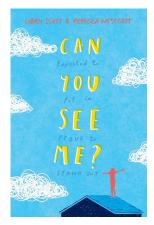
This term, Year 7 students will continue their study of the Amazon Rainforest while expanding their knowledge to include other types of rainforests and their locations around the world.

They will explore the unique features, climates, and ecosystems of these diverse environments.



# **English**

This term our reading pleasure book is:



In Term 4, Year 7 students will explore different ways to communicate, analysing the features and purposes of formal, informal, and modern methods. They will apply their understanding to their own writing.

Additionally, they will study the language and structure of science fiction, using various stimuli to enhance their descriptive writing skills.

# PE – Fitness

This term, Year 7 students will develop their skills in net and wall games, focusing on racquet sports such as tennis and badminton.

They will learn key techniques, strategies, and rules to enhance their performance and understanding of these sports.

This will also link learning to our PSHE, Social and Skills Builder subjects.

# Skills Builder

Skills Builder is a newly added lesson to our Flagship Curriculum.

This programme supports our children in developing Career-Related Skills and Employability Traits, preparing them to enter the World of Work and / or Post 16-Education.





# Cooking - Healthy Eating

In Term 4, Year 7 students will learn about the eight tips for healthy eating.

They will also prepare dishes that incorporate a balance of healthy, fresh, and convenience foods, developing their understanding of nutritious meal choices.

## **Buzz Active**

Every Thursday, our students will take part in an action-packed day at **Buzz Active** in the beautiful setting of Bushy Wood! This incredible outdoor adventure experience offers a range of fun and engaging activities designed to challenge, excite, and inspire.

Activities this term include Bushy Wood for will include wall climbing, forest school, fire starting, shooting and archery until April.

After April, students will go to Cuckmere for paddle boarding and kayaking.

#### Art

This term, Year 7 students will be introduced to the powerful art and life drawings of World War II artist Henry Moore.

They will explore his unique style and techniques, gaining insight into how he captured the human form and experiences of wartime Britain.



#### Social

Social Lessons will be taught weekly to our students, discussion-led activities that allow our learners to develop their social and inter-personal skills with each other and often relate to situations or scenarios in recent news or topics.

Inclusive and relatable topics for our young people will be discussed to further develop and prepare them for the wider world of work and Post-16 Education.



#### Personal Intervention

At the Flagship School, we have included designated sessions within our Timetable that are specifically tailored to the individual needs of our students, delivering a holistic education.

Referencing our learner's EHCPs and their SSP (Student Support Plans), our teaching staff support our children in developing different areas of their lives, ranging from:

- Social, Emotional and Mental Health
- Academic Standards
- Physical
- Sensory

## <u>Maths</u>

This term in maths we will be Covering the following topics

In maths:

Unit 1: Operations and equations with directed numbers

Unit 2: Addition and subtractions of fractions

This will allow the children to further their understanding of maths and build upon previous learning

