



Beckmead Moundwood

Academy Community Surplus Hub

The 3food4u charity was introduced to The Beckmead Trust in April 2021. A synergy of shared values was immediately apparent and a common ground agreed in that vulnerable folks should be treated with respect, dignity and equality irrespective of circumstance. That is what Beckmead has always strived for and what 3food4u in their first year (anniversary June 29th 2021) have enacted through their kindness, humanity and physical support for people in need.

When the CEO's of the two organisations – Pesh and Jonty – started meeting they agreed that a Community Surplus Hub, sited at Beckmead's Moundwood Academy in Harlow would bring the benefits of expanding the coverage of the 3food4u

provision, serve a disadvantaged community and build a strong link between the school and its local area.

The Moundwood / 3food4u hub is aimed to open in autumn 2021 and needs start-up financing to fund and kit-out storage containers, enact minor adjustments to the site to facilitate the 'pop-up' hub every Monday and source some initial produce for the hub whilst local supply chains are established.



Money from the school budget cannot be used for this community resource so fundraising has taken place and partnerships with local building firms forged to provide best value for the works that will need to be undertaken.

To support this the Beckmead CEO, Dr Jonty Clark OBE, pledged to walk 50k in a day. Jonty walked 10 x 5km circuits near where he lives in Kent. Two months before Jonty's walk,



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the 3food4u CEO, Pesh Kapasiawala, had himself undertaken a 50K fundraising walk on Exmoor on much more difficult terrain than Jonty's walk. Although Jonty promised everyone (including himself) that he wouldn't think about the time that Pesh posted, it presented him with a target when his walk started at 6a.m. on July 24th having been postponed from the weekend before due to the 32-degree temperatures that were accurately forecast



Jonty completed 50.32 kilometres in 8 hours, 52 minutes and 11 seconds and raised £11,500 for the forthcoming Community Surplus Hub in Harlow. As well as all the fabulous financial support that was gratefully received, friends, family and pets walked with Jonty for much of the 50K and the day turned into a very enjoyable family celebration. The 5K circuits allowed for an occasional change of socks and much

needed electrolyte replacement so the damage to Jonty was minimal although uncharacteristically he did sleep very well for the week following the walk.



Jonty said... *'it has been a privilege being involved with the 3food4u mission with Pesh and his amazing team. We are looking forward to working with them going forwards and to be able to contribute financially*

and emotionally to the Harlow project has been very exciting. Thank you to the 120 sponsors who put their hands in their pockets to contribute to the grand total of £11,500 raised; I hope you will come and visit when the hub is fully operational at Moundwood'.

50.32km Run

How was your run?

50.32
DISTANCE (KM)

8:52:11
DURATION

