



The Ropemakers' Academy

PART OF THE BECKMEAD TRUST



Lunch Menu Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat/Fish main	Beef Lasagne	Chicken Korma and Yellow Rice	Sliced Turkey in Gravy with Golden Roast Potatoes	Sausages and Mashed Potato	Chicken goujons and chips
Main Vegetarian/Vegan Main	Tomato & Chickpea Gratin Croquette Potatoes	Lentil & Vegetable Flaky Topped Pie and Baked Potato Wedges	Baked Vegetable Pie with Golden Roast Potatoes	Lentil Bolognese with Penne Pasta	Vegan Sausages
Sides	Cut green beans and sweetcorn	Vegetable medley	Carrots and Broccoli	Mixed Vegetables	Baked beans
Dessert	Clotted Cream Rice Pudding	Somerset Apple Cake	Apple Crumble	Chocolate Mousse	Sticky Toffee Pudding



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Lunch Menu Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat/Fish main	Tuna Pasta Bake and Sauté Potatoes	Cheesy Garlic Chicken Bake and Hash Browns	Roast Pork in Gravy with Golden Roast Potatoes	Beef Bolognese with Pasta with Croquette Potatoes	Sausages with chips
Main Vegetarian/Vegan Main	Vegetable Lasagne and Sauté Potatoes	Potato, Cheese & Leek Bake with Hash Browns	Vegan Root Vegetable Pie with with Golden Roast Potatoes	Macaroni Cheese with Croquette Potatoes	Cheese & Tomato Omelette with chips
Sides	Broccoli	Carrots	Cut Green Beans and Cauliflower	Sweetcorn	Baked Beans
Dessert	Lemon Drizzle Cake	Summer Fruit Crumble	Gluten Free Lemon & Orange Sponge Pudding	Mixed Fruit Pie	Strawberry Ice Cream



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Lunch Menu Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat/Fish main	Curried Lamb & Potato with Vegetable Rice	Chicken, Cheese & Bacon Bake with Sauté Potatoes	Premium Roast Beef in Gravy with Golden Roast Potatoes	Pork Meatballs in Tomato & Herb Sauce with Penne Pasta	Fish Goujons and Chips
Main Vegetarian/Vegan Main	Plant-based Shepherd's Pie with Golden Roast Potatoes	Katsu Curry with Vegetable Rice	Tempeh, Spinach & Sweet Potato Hotpot with Golden Roast Potatoes	Penne Pasta in Tomato and Basil Sauce	Vegan Sausages and Chips
Sides	Vegetable Medley	Carrots	Green beans and broccoli	Sweetcorn	Baked Beans
Dessert	Chocolate Chip Pudding with Salted Caramel Sauce	Spotted Dick	Rhubarb Crumble	Strawberry Mousse	Summer Fruit Sponge