

MENU

WELLS PARK SCHOOL – 13th July 2026 (WEEK 7)

DATE	BREAKFAST	LUNCH	TEA
Monday 13 th July 2026		Sausage Plait, Vegan Sausages Tuna Puffs Wedges Bakes Beans Rice Crispy Cake Yoghurt / Fruit	Chicken Nuggets Salad Bread Yoghurt
Tuesday 14 th July 2026	Toast Choice of Cereal Fruit Juice	Chicken Chow mein Quorn Strips Pepper stacks Noddles Stirfry Veg Blueberry Muffins Yoghurt / Fruit	Vegetarian Tea Salad Bread Yoghurt
Wednesday 15 th July 2026	Beans On Toast Toast Choice of Cereal Fruit Juice	Roast Chicken, Quorn Fillet Roast Potatoes Glamorgan Rounds Kale & Carrots Pumpkin Slice & Ice Cream Yoghurt / Fruit	Fish Cakes Salad Bread Yogurt
Thursday 16 th July 2026	Toast Choice of Cereal Fruit Juice	Creamy Beef & Tomato Pasta Bake Tomato Pasta Bake Salad Pot Luck Pudding Yoghurt / Fruit	Cold Meats Salad Bread Yoghurt
Friday 17 th July 2026	Pain au chocolat Toast Choice of Cereal Fruit Juice	BBQ	

 Fish
  Vegan alternative available
  Vegetarian
  Meat