

SCHOOL MENU

WELLS PARK SCHOOL – 14th September 2026 (WEEK 3)

Date	 Morning Meal	 MAIN LUNCH (With Desserts)	 Evening Tea
Mon 14th September	Choices on House	Sausage Plait [Su,G,Mk,E,M,L] Vegan Sausages [So,G] Tuna Puffs [G,F,Mk,E] Wedges / Baked Beans Mousse [MK] & Wafer [Mk,G,So] / Fruit / Yogurt [Mk]	Chicken Nuggets [G,So]
Tue 15th September	Choices on House	Marinated Chicken [E] Marinated Quorn [G] Stirfry Veg [G,So] Sweetcorn/ Noodles [G,E] Apple Crumble [G,Mk] Custard [Mk] Fruit/ Yogurt [Mk]	Veg Tea Choices on House
Wed 16th September	Choices on House	Sweet Chilli Gammon/ Courgette Loaf [Mk,G,M,E] Garlic Roast Potatoes/ Carrot & Peas Magic Chocolate Pudding [E,G,Mk,So] Ice Cream [Mk]/ Fruit / Yogurt [Mk]	Burgers [G] Vegan Burgers
Thu 17th September	Choices on House	Sticky Chicken Wings [C,So] Veg Dippers [G] Spinach & Feta Puffs [G,Mk,E] Salad Melting Moments [G,Mk,E]/ Fruit / Yogurt [Mk]	Cold Meats Choices on House
Fri 18th September	Ham & Cheese Omelette [E,Mk]	Sausage Roll [G,Mk,So] Vegan Sausage Rolls [G] Fruit	

[G]Gluten [Mk] Milk [E] Eggs [F] Fish [So] Soya [P] Peanuts [N] Nuts [Ce] Celery

[M] Mustard [SE] Sesame [SU] Sulphites [L] Lupin [MO] Molluscs [CR] Crustaceans

 **Fish**

 **Vegan**

 **Vegetarian**

 **Meat**