

SCHOOL MENU

WELLS PARK SCHOOL – 19th October 2026 (8 WEEK)

Date	 Morning Meal	 MAIN LUNCH (With Desserts)	 Evening Tea
Mon 19th October	Choices on House	Chicken Pie [G,So,E] Quorn Mince Cottage Pie [So] Mash [Mk] Cabbage & Carrots Pumpkin Slice With Cream Cheese Frosting [E,G,Mk]/ Fruit / Yogurt [Mk]	Sausage [Su,G]
Tue 20th October	Choices on House	Chilli , Ragu, Rice, Taco & Sweetcorn Sweet Berry Sponge Pudding [E,G] Custard [Mk] Fruit / Yogurt [Mk]	Veg Tea Choices on House
Wed 21st October	Pain Au Chocolat [E,Mk,G,So]	Toad In THe Hole [Su,G,E,Mk] Veg Sausage Toad In The Hole [So,G,E,Mk] Vegan Sausages [So,G] Mix Veg, Mash [M] Raspberry Mousse [Mk] & Wafer [Mk,G,So] / Fruit / Yogurt [Mk]	Chicken Nuggets [G,So]
Thu 22nd October	Choices on House	Creamy Chicken Penne Pasta [Mk,G] Tuna Pasta Bake [F,G,Mk] & Salad Pumpkin Cookies[G]/ Fruit / Yogurt [Mk]	Cold Meats Choices on House
Fri 23rd October	Full English	Sausage [Su,G] Vegan Sausage [So,G] Scrambled Egg [E,Mk] Bacon, Baked Beans & Toast [G,So] Oat Cookie [G] & Fruit	

[G]Gluten [Mk] Milk [E] Eggs [F] Fish [So] Soya [P] Peanuts [N] Nuts [Ce] Celery

[M] Mustard [SE] Sesame [SU] Sulphites [L] Lupin [MO] Molluscs [CR] Crustaceans



Fish



Vegan



Vegetarian



Meat