

SCHOOL MENU

WELLS PARK SCHOOL – 9th November 2026 (WEEK 2)

Date	 Morning Meal	 MAIN LUNCH (With Desserts)	 Evening Tea
Mon 9th November	Choices on House	Chicken Tray Bake Ragu / Rice / Mangetout & Carrots Chocolate Chip Flapjack [G,Mk,So] / Fruit / Yogurt [Mk]	Jacket Potato
Tue 10th November	Choices on House	Cottage Pie [Mk] Quorn Mince & Veg Pie [So] Peas Gravy [G,Mk] Brownie[E,G,Mk] Ice Cream {Mk} / Fruit Yogurt [Mk]	Veg Tea Choices on House
Wed 11th November	Boiled Eggs [E]	Sweet Chilli Gammon/ Courgette Loaf [Mk,G,M,E] Garlic Roast Potatoes/ Carrot & Peas Strawberry CheeseCake [G,Mk]/ Fruit / Yogurt [Mk]	Battered Chicken Fillet [G]
Thu 12th November	Choices on House	Chicken Souvlaki Veg Kebab, Mackerel [F] Tzatziki [Mk] Hummus[Se] Salad [E] Pitta Bread [G] Rice Pudding [Mk]/ Fruit / Yogurt [Mk]	Cold Meats Choices on House
Fri 13th November	Ham & Cheese Omelette [E,Mk]	Sausage Roll [G,Mk,So] Vegan Sausage Rolls [G] Fruit	

[G]Gluten [Mk] Milk [E] Eggs [F] Fish [So] Soya [P] Peanuts [N] Nuts [Ce] Celery

[M] Mustard [SE] Sesame [SU] Sulphites [L] Lupin [MO] Molluscs [CR] Crustaceans

 **Fish**

 **Vegan**

 **Vegetarian**

 **Meat**