

# BECKMEAD PARK NEWSLETTER

Spring Term 2021-22



Well Done to Jaden(P3)for 100% attendance and to the following students who got 98.5% and above: Harlem(P2), Osiris(P3), Callum(P3), Abraham(7a), Aston (7a), Joseph(8a) and Cyrus (9a).

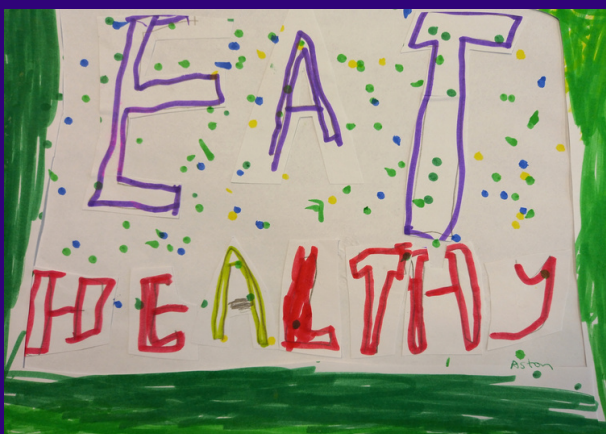
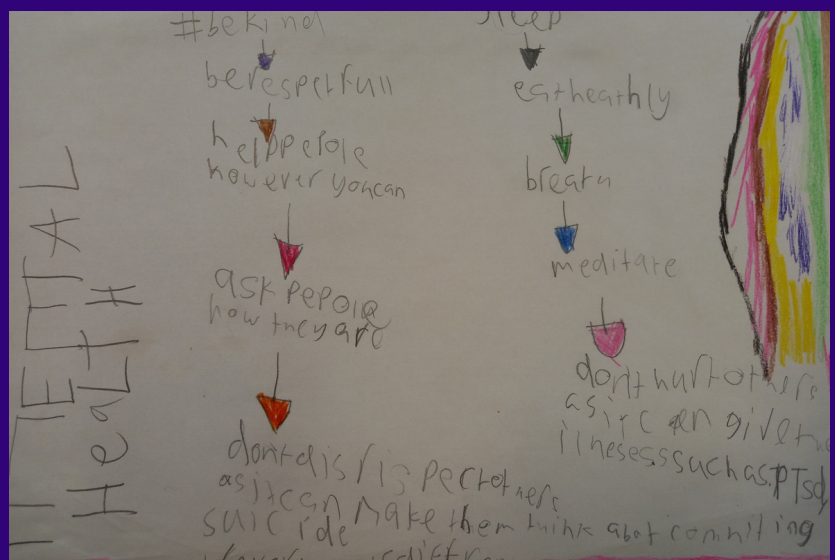


Well Done to the school council members: Isaiah(P1), Cyrus(P2), Bailey & Kylan(P3), CJ(7a), Kyro(7b), Baileigh(8a), Alfie(8b) and Daniel(9a). You all did very well in leading your class groups in presenting their booklets on how to help each other grow together during children's mental health week. Pictures of the class booklets and advice can be found below.

## Good Mental health

You can sleep on time so sleep at a set time and wake up at a set time.  
You can eat breakfast, lunch and dinner,  
This will help your brain.  
Believe in yourself.  
Exercise is good for your mental health and also for your body's health.  
Talk to nice people and ignore people who are mean to you.  
Take care of yourself.

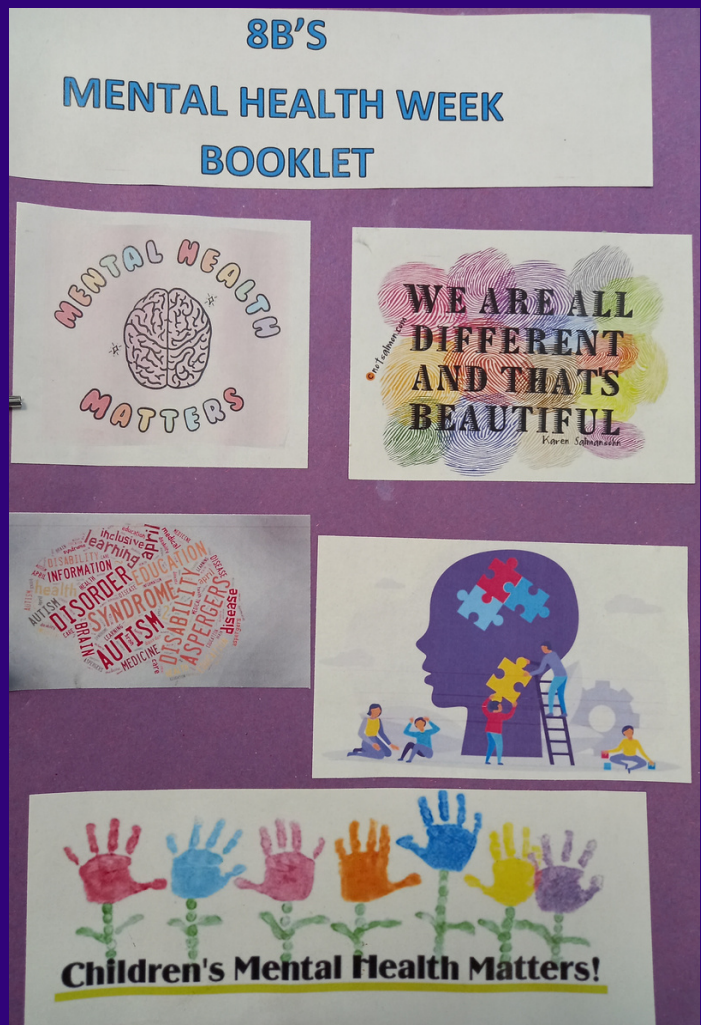
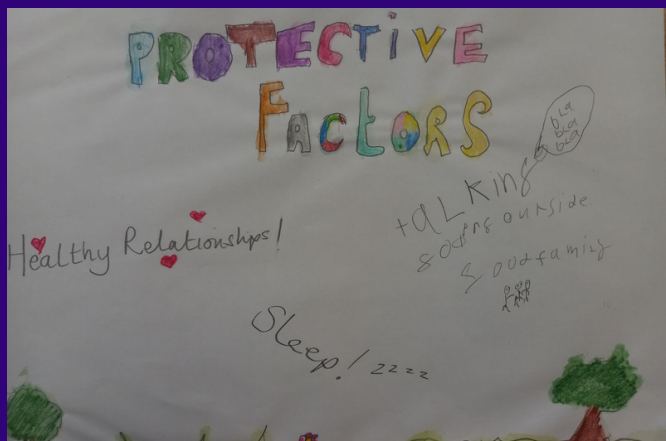
Alijah



# Good mental health

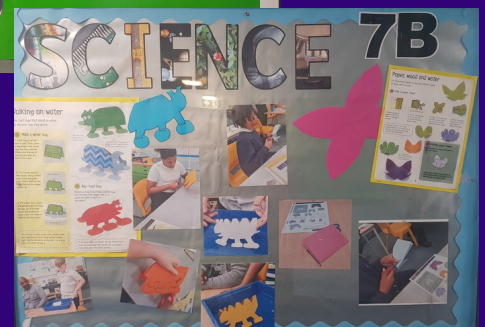
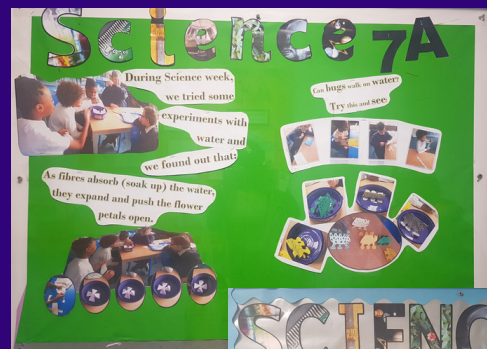
1. Eat Well
2. Take a break
- 3.. Ask for help
- 4.. Keep active
- 5... Drink lots of water

By Jordan



## WALKING ON WATER

During 11th-20th March we had science and engineering week. Each class had the opportunity to take part in many different experiments. Some classes made card bugs that could stand on water. Great fun was had by all.



## GOODBYE

We are sad to say goodbye to Mr Emmanuel and Ms Hayley who will be leaving us this term. We wish them all the very best for the future.

## HELLO

Welcome to Ms Dayna who has joined us this term from Bramley Bank school.